



# Family Connections

News for the Families  
and Friends of Waves Community Services & Supports

January 2014

**A New Year** is the perfect time to take inventory of where we are and where we want to go with our programs and services. One hope we have is that we can get more input and involvement from families. We like to keep you informed through our newsletter, face to face meetings, and monthly calendars.

Of course communication is a two way street and we need to hear from you. We encourage you to give us feedback on what we do well and on where we need improvements. These things can be addressed in the survey forms that you have been sent. We also want to know if there is something we can do to support you as a family. We can always use volunteers throughout the year to help teach, entertain, improve, or promote our agency so please consider sharing those skills with us.

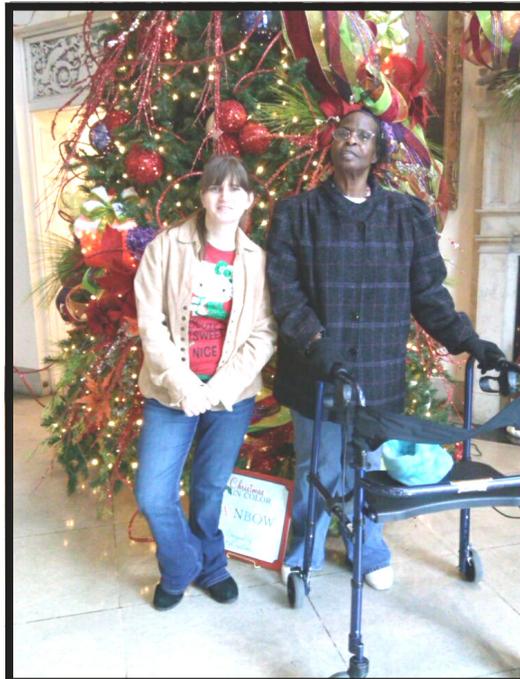
- Do you have any interest in having family meetings? If so, what topics would you like to see covered?
- Also would you like to volunteer in one of our day programs?
- Would you be willing to volunteer for one of our fund raising projects?

**Please respond to Ms. Beth Duning**

[bduning@wavesinc.com](mailto:bduning@wavesinc.com)

615-794-7955 ex 2119

***Our vision . . .** All consumers we serve enjoy an enhanced quality of life, have a sense of personal value, and are successfully included in community activities.*



## Beautiful Cheekwood Gardens

A group from Waves went out to Cheekwood for the day on December 21<sup>st</sup>. Cheekwood Botanical Garden and Art Museum are located in the Nashville Belle Meade area, just to the West of Nashville. Cheekwood hosts many seasonal events in their multiple buildings and indoor/outdoor gardens.

A group of four enjoyed the wonderful Christmas decorations, as well as visiting with real reindeer. Everyone reported that the trees on the grounds were really large and beautiful. Santa was even there the same day with them! As they walked into Cheekwood Mansion the group was treated to a special show by the live reindeer, who pranced and enjoyed a treat, while the crowd watched.

Thanks to Cheekwood for providing such a wonderful outing for all to enjoy! We will be back soon!

## Fund Raiser Breakfast

We will be holding our annual fundraising breakfast on Thursday, February 27<sup>th</sup> at the Franklin Marriott Cool Springs. We expect about 200 people in attendance to learn more about what we do and how they can support us.

The program will include a parent/board member testimony about what Waves means to him as well as a video featuring our clients.

For more information contact Emily Layton at 615-794-7955 ex 2128

## A New Website

Be sure to check out our new website! Chloe Johnston, our part-time receptionist, has worked feverishly to get this new site up and running for the New Year. Thanks, Chloe, for the website face-lift!

[www.wavesinc.com](http://www.wavesinc.com)

## Franklin Half Marathon

Mark your calendars! Waves is the beneficiary of the 2<sup>nd</sup> Annual Franklin Half Marathon on Saturday, June 7<sup>th</sup>. We are delighted to have the opportunity to inform more people about Waves and the important work that we do.

Contact Emily Layton for more information at [elayton@wavesinc.com](mailto:elayton@wavesinc.com) on how to get involved. To register go to the web site: [www.franklinhalfmarathon.com](http://www.franklinhalfmarathon.com).

## Christmas Lunch at Brookwood

On 12/20/13 the local Civitan Club provided their annual Christmas lunch for the folks at Brookwood. Delicious Whitt's Barbeque pulled pork sandwiches, beans, potato salad and of course sweet tea, were all on the menu! The gentlemen from the Civitan Club have been providing this Christmas lunch annually for over ten years. It is a much anticipated event that is always very much appreciated.



## Holiday Mail for Hero's

Each year the American Red Cross provides assistance to more than 2 million service members and many of our nation's 24 million veterans. They support military families, military and veterans hospitals and provide emergency communications across the globe. And once a year, they deliver holiday greetings to veterans, military families and active-duty service members at hospitals and installations around the world. The cards and personal messages, sent by tens of thousands of Americans, provide a welcome "touch of home" for our troops during the holiday season.

Waves clients and staff participated in this program by making holiday crafts and cards with special messages in them.

After the cards were completed we mailed them to the address provided on the website, so they could be passed onto someone who would like a nice holiday message. It is a wonderful program and we really enjoyed being just a tiny part of this. We hope to participate again next year.

Let us know if you would like to be involved. Contact Julie Long for more information at [jlong@wavesinc.com](mailto:jlong@wavesinc.com) or (615)794-7955 ext 2125.

\*Information gathered from Red Cross website

## Generosity

We are very fortunate to live in a county with such generous citizens. December provided many opportunities for community groups to interact with Waves, Inc.

The Cool Springs Marriott employees provided T-shirts for all the participants at the Fairview Day Program as part of our Angel Tree Project; also, kitchen and bath towels

were provided for several of our homes.

St. Andrew Lutheran Church and the Historic Presbyterian Church had an Angel Tree with Waves as the recipient and donated gift cards, games, small kitchen appliances and craft supplies.

The members of St. Paul's Episcopal Church provided tools to restock the tool boxes at the homes and centers and also gave gift cards.

Rolling Hills Community Church also sponsored an Angel Tree and donated dishes, cooking items and gift cards.

United Way of Williamson Co. gave us the opportunity to partner with the Williamson County School Board, Administrative Office and Aetna Insurance Co. Four of our families in the Early Learning Program received gifts for their children from these generous folks.

YAC (the Teen Advisory Council) held a party for the ladies at the Chestnut home.

And last, but not least, Families of Victims of Violent Crimes provided gifts for one of our service recipients who has no family in the area. They generously bought a vacuum cleaner for his apartment and some new cooking pots.

We appreciate all the churches, businesses, civic groups and other organizations who were so generous.

*Happy New Year to everyone!*

## Reminder to all Persons Served and Their Advocates

Issues or problems related to the services delivered to a person served by Waves unfortunately occur from time to time. In most instances these are resolved quickly between

the parties involved. In the rare instance that an issue is not quickly resolved (usually within 5 working days), you should notify Beth Duning, Adult Services Director. Beth will assist you in reaching a workable solution. Contact Beth at 615-794-7955 ex 2119 if you would like further information or have an unresolved situation.

## Waves 8<sup>th</sup> Annual Art Show *Call for works*



## Mark your calendar for these dates

Registration forms due February 28<sup>th</sup>

Art Work due March 14<sup>th</sup>

The Art Show and Sale will be Friday  
March 28<sup>th</sup> from 5:00-8:00pm  
at Rolling Hills Community Church

Please contact Julie Long for registration forms and for information  
[jlong@wavesinc.com](mailto:jlong@wavesinc.com) or  
(615)794-7955 ext 2125

## Annual Survey

Your input is valuable to us! The Waves annual survey has been sent out and we have requested that forms be sent back to our office by **January 31<sup>st</sup>**. The survey is anonymous. We compile the information from family, services recipient and staff surveys and look for ways to improve the quality of our residential, day and employment services. Please return your surveys.

**Surround yourself with people  
who take their work seriously,  
but not themselves; those who  
work hard and play hard** — Colin Powell