

Family Connections

News for the Families and Friends of Waves Community Services & Supports

July 2013



1st Annual Franklin Half Marathon



Waves was excited to be involved in the Franklin's First Half Marathon put

on by Franklin Run. Andy Johnson, the owner of Franklin Marathon was a delight to work with and very supportive of Waves.

The marathon took place in Leaper's Fork on June 22, with the 13.1 miles starting in the scenic downtown area. It was a beautiful day. Several Waves individuals participated in the Fun Run before the big race enjoying the view as they strolled the trail. Three Waves staff, John Hays, Charles Ax and Ari Oishi, were brave enough to run the full 13.1 miles! Several Waves participant's family members also ran. They all did great on such a hot day!

Waves had a booth at the event showcasing our services. Our new marketing director, Emily Layton, had a photo booth for individuals who wanted to show off their marathon medals, Marathon t-shirts and muscles. It was a fun day and Waves is grateful to have been a part of it. Franklin Run has asked us to participate again next year! Get your sneakers ready and plan on joining us next year! Check the Waves FB page out for more pictures from the event!

Jobs Club News

Waves Jobs Club met at the Administrative Office on July 11, 2013. The first order of business was to recognize

Bill Rosser's birthday which was on the following day. Next the group elected their officers. Matt Reynolds was elected president, Charles Halter was elected secretary, and Donnie Murdock was elected treasurer. All the officers were elected unanimously. Congratulations guys!

The special treat of the evening was a spaghetti dinner prepared by Ann Little. The meal tasted wonderful and was enjoyed by everyone. Ann is Matt's (the new president) mom and a great supporter of the Jobs Club. Dinner was concluded with a birthday cake and a round of Happy Birthday Bill.

The group decided that everyone should invite at least one person to come to the next Job's Club meeting. That meeting is scheduled for August 8. On the 8th everyone is to meet at Waves administrative office at 4:30 and from there they will go to Jim Warner Park for a picnic. Members are asked to bring something to share to eat. Call Marci 786-1725 or Julie 794-7955 ex2125 for details.



The week of July 4th brought 2 groups of students and their adult leaders to Waves, Inc. This is a mission project for students who come to do work at nonprofit agencies in the Nashville area. Students come from all over the coun-

try. Some of them who spent time at Waves were from Pennsylvania, South Carolina and Georgia.

This year we had two groups of students. The first group spent three days at the Skylark home. Their main project was painting the kitchen cabinets – and it really took 3 days. They had to empty the cabinets and clean the inside and wash down the outside. Then they sanded the surface so it would take new paint. Then the painting started! Some in the group also power washed the deck and ramp and then sealed the surfaces. Plus they visited with the ladies at the Skylark home. This group then spent a day at the Fairview Day Program where they helped organize art supplies, cleaned out vans and did a little yard work. It rained the last day of their visit so they couldn't get as much done outside as we'd hoped – but they did a great job.

The second group spent 3 days at the Brookwood Center. The first two days were spent moving furniture and painting the two front offices. The original color was a deep blue and it took many coats to cover it all. Their last day at the Center they moved furniture back into the offices and played games and had a cookout with the service recipients. One day of their visit the group was at the Administrative Office. They cleaned all the furniture in the Early Learning classroom and moved it out to another office as we get ready for a garage sale. A few students helped with filing and data entry projects. All of them helped shred paper sometime during their day at the office.

Thanks to the Catholic Heart Work Camp and to the students who came to Waves, Inc.



Evelyn Greathouse Retires

Our good friend Evelyn Greathouse retired from Waves

on Friday, July 26, 2013. She had a total of over 16 years with this agency. Evelyn said that in 1995 she worked one day as a sub for Waves. The person she worked with that day kept saying "Aren't we lucky, aren't we lucky". Her good experience that day prompted her to go home and tell her husband that she wanted to work for Waves and so her career with Waves began. Waves not only was fortunate to have Evelyn as an employee, we also had her husband Hollis Greathouse working for Waves between 1995 and 2001.

Evelyn has held many positions during her time with Waves. She has worked in direct support, residential, day and management. Those who know her know that she has many qualities including a wonderful kind, gentle spirit. She has brought inspiration in many ways to those of us who have had an opportunity to know her.

Evelyn's immediate plans include doing some travel and spending time with her granddaughter. She will be missed but she promises not to be a stranger. Thanks Evelyn for your service to Waves and the community.

Welcome Tom Schmidt



Tom is the new Waves recycling coordinator. He and his wife live on their family farm in Columbia. Tom has spent the last eleven years working in various areas with the homeless and addicted. He was educated at Ferris State University in Big Rapids, Michigan. He brings great experience and skills to our recycling program.

Van and Michael have been showing Tom "the ropes" of the job. They are so knowledgeable of their route that Tom already feels pretty comfortable with the day to day operations of the business.

Welcome aboard Tom, we are glad you found your way to our organization.

Theme Week Activities

What's happening at Waves today? Did you know that Waves has a monthly calendar of activities detailing the daily activities that happen at our entire agency?

Each week, we have a different theme, and activities that are based on that theme all throughout the week. Each Tuesday we have arts & crafts, and educational classes based on the theme for the week, in addition there will be other activities planned for additional days during the week.

Here are some of the activities we have been up to in the past few weeks:

Buca di Beppo's Italian Restaurant

Theme: National Macaroni Day

Like pasta? We do! For National Macaroni Day, we had a group of clients and staff head to Buca di Beppo's in Cool Springs. We dined on antipasto salad, pasta, and chocolate cake. What a delicious meal, and good time with friends!



Movie Day "Mr. Mom"

Theme: Father's Day

We made sure not to forget our Dad's this year. We celebrated Father's Day by watching an oldie, but goodie, "Mr. Mom," starring Michael Keaton. We met at the Westhaven neighborhood club house and enjoyed watching a movie and snacking on popcorn and chocolate!



Tennessee State Capitol

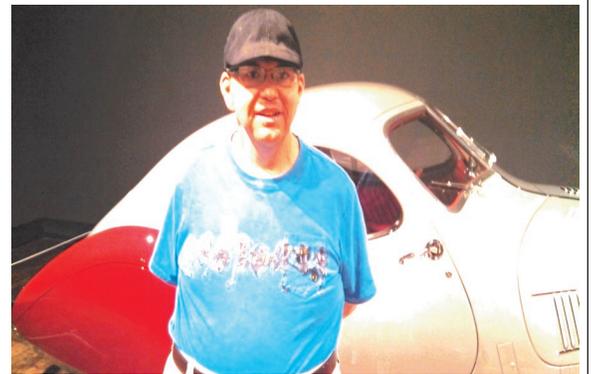
Theme: Flag Day

A group from both the Franklin and Fairview programs participated in a tour of the Nashville Capitol in June. The group was led by an experienced tour guide who showed us both the legislative and house of representative meeting rooms. Such a beautiful old building filled with history, what a treat for us to see! Clients loved sitting in the same seats as many famous Tennesseans.

Frist Museum

Theme: Art Museums

The Art Deco Car Show was a real attraction for many of our clients, who went to the Frist Museum of Art in Nashville. The group enjoyed a wonderful visit of this art deco style museum, and seeing the current shows. And, the gift shop is always fun to visit, with it's unique art inspired goodies.



Our vision . . . All consumers we serve enjoy an enhanced quality of life, have a sense of personal value, and are successfully included in community activities.